

NEWSLETTER - November 2024



European Society of Vascular Medicine

Welcome!

Dear ESVM Members, partners, vascular specialists,

We are proud to present you the November edition of the ESVM Newsletter!
Excited to introduce a fresh, more interactive, and informative format designed with you in mind. Our goal is to keep you updated on the latest ESVM activities, provide a historical perspective on vascular medicine's development, and spotlight national societies across Europe. This way, we can all get to know each other better and understand how Vascular medicine/angiology is evolving throughout the continent.

We also warmly invite your enquiries and contributions—feel free to reach out to us at: adm@vascular-medicine.org

Together, let's foster greater connection and knowledge-sharing within our community!

Warm regards,

Lucia Mazzolai
ESVM President



Expanding Horizons:

The European Society of Vascular Medicine Welcomes New Members and Nations

Since the early days of 2012 when it was founded by nine European National Societies of Vascular Medicine, the European Society of Vascular Medicine showed a steady rhythm of growth related to the development and better recognition of our medical specialty and to the enthusiasm of our presidents and board members. This resulted in a membership of 19 countries in 2022, and the growth rate seems even to increase these two last years, with the additions of Croatia (October 12th, 2023), North-Macedonia (February 1st, 2024) and Bulgaria (February 7th, 2024).

As all members of National Societies are members of the ESVM, hence we have now more than 4000 individual vascular physician members. The ESVM also welcomes individuals to become members of the Society, especially when their country does not have yet a National Angiology/Vascular medicine Society.

CONNECTING FUTURE LEADER

Highlights from the 2024 ESVM Academy and Young Academy initiative



The Young Academy (YA), a key working group within ESVM, unites young vascular physicians to advance angiology across Europe. Recently, YA members represented ESVM at significant events, including the "Cardiovascular Symposium and Harvey Prize 2024" in London, where they discussed European training, and the 23rd French Society of Vascular Medicine congress in Dijon, where they led an ESVM session on updated guidelines for managing peripheral arterial and aortic diseases. These events underscore ESVM's dedication to engaging professionals and driving progress in Vascular Medicine. Earlier in September, the 2024 ESVM Academy, held in Lausanne, Switzerland, brought together young trainees from across Europe for three days of intensive learning, networking, and collaboration with expert faculty. This immersive setting fostered meaningful knowledge exchange, debate on complex issues, and strengthened connections among the next generation of vascular specialists.

On September 30, ESVM, through the YA working group, conducted a survey titled "How Relevant is Training in Vascular Medicine and What is the Role of Vascular Physicians across Europe?" targeting young trainees. With over 200 responses, the survey aims to bolster ESVM's efforts to formally recognize Vascular Medicine as a specialty across Europe. Final results are expected soon, offering valuable insights into the field's future. *Stay tuned!*



Charting New Directions:

The Guideline Committee's Milestones

Reconstituted in summer 2023 the Guideline Committee includes an executive team and members from various national vascular societies, focusing on enhancing rather than replicating guidelines. Collaborating with societies such as the ESC, they share publications, including through ESVM's journal *VASA*.

Significant milestones achieved this past year include a consensus statement on e-cigarettes from the German Society of Vascular Medicine, endorsed by ESVM, and a joint consensus document on exercise therapy in peripheral artery disease (PAD), developed with the ESC Working Group on Aorta and Peripheral Vascular Diseases and the European Society for Vascular Surgery (ESVS). Additionally, the committee is finalizing a consensus on lipid-lowering therapy for venous thromboembolism.

The 2024 ESC guidelines, developed with active contributions from ESVM, include the society's endorsement, marking another collaborative achievement. The committee also produced independent publications, such as a position paper on managing adverse reactions to intravascular iodinated contrast and a comprehensive review and meta-analysis on the safety and effectiveness of day-case endovascular procedures for lower limb interventions.

Looking ahead, the committee is initiating new projects, including a consensus document on diagnosing and managing hypertension in PAD, together with the European Society of Hypertension. Additional projects include exploring air pollution's impact on PAD, innovative interventional treatments for venous thromboembolism, secondary lymphedema management, capillary microscopy, and the role of nutrition in PAD management. The committee has also scheduled the next update to PAD guidelines for 2026, setting a forward-looking agenda for advancing Vascular Medicine standards across Europe.



New!
Spotlight on:

National Angiology

Societies

In this edition of the ESVM newsletter, we are pleased to introduce three national angiology societies that are making valuable contributions to vascular medicine. Each society is dedicated to advancing research, education, and clinical practices in vascular health. Join us as we explore their missions, initiatives, and the vibrant communities they foster, all focused on enhancing patient care and outcomes for those with vascular disorders.



SLOVAK
SOCIETY OF
ANGIOLOGY

Slovak Society of Angiology

Established in	1993
Website	https://www.angiology.sk/en/
Members	260
President	Assoc. Prof. Juraj Madaric, MD, PhD., Dept. of Angiology, National Institute of Cardiovascular Diseases and Comenius University, Bratislava
Main events	Annual meeting. Visit https://www.angiology.sk/en/slovak-angiological-congress/
Our mission	<p><u>The</u> society brings together professionals across various disciplines, including internists, surgeons, radiologists, dermatologists, physiotherapists, general practitioners, and other specialists interested in angiology. Our mission is to:</p> <ul style="list-style-type: none"> ▪ Promote the development of angiology. ▪ Enhance the professional knowledge of our members. ▪ Provide educational programs. ▪ Support scientific research in vascular medicine.
Education	Angiology is a specialty since 1992 with board certification exam.
Length of education	5 years: 2 years in internal medicine + 3 years in angiology
Angiology in Slovakia (population: 5.4 mil.)	<ul style="list-style-type: none"> ▪ No. of certified angiologists: 110 ▪ No. of Hospital Departments: 7 ▪ No. of outpatient (and hospital) clinics: 75



Czech Society of Angiology

Established in	1993 The society was preceded by the Commission / Working Group for Angiology of the Czechoslovak Society of Cardiology, which was active in 1970–1993
Website	www.angiology.cz
Members	340
President	Prof. Debora Karetova, M.D., Ph.D. (2 nd Dept. of Internal Medicine – Cardiology and Angiology, 1 st Faculty of Medicine, Charles University, Prague)
Main events	Czech Angiology Days with International Participation (annually since 1974; 50 th meeting will be held in March 2025; attendance: 500) Czech-Slovak Postgraduate Angiology Symposium (annually since 1995; 31 st symposium will be held in June 2025; attendance: 200–300)
Our mission	The society's mission is to bring together doctors and other healthcare professionals interested in vascular medicine and create conditions for the development of this field, increase the professional knowledge of its members, defend their interests, provide educational programs, and support scientific research in the field of angiology. We also aim to create friendly partnership relations with related disciplines – cardiology, phlebology, lymphology, vascular surgery, interventional radiology, diabetology, etc., and to represent Czech angiology internationally.
Education	Angiology is a follow-up specialization to internal medicine, cardiology, and diabetology, with board certification exam.
Length of education	5 years in basic specialization + 18 months in angiology
Angiology in the Czech Republic (population: 10.67 mil.)	<ul style="list-style-type: none"> ▪ No. of certified angiologists: 180 ▪ No. of Hospital Departments: 13 ▪ No. of outpatient (and hospital) clinics: 150



German Society of Angiolog

Established in	1972
Website	https://www.dga-gefaessmedizin.de
Members	1180
President	Prof. Erwin Blessing, University Hospital Hamburg Eppendorf
Main events	Annual meeting. Visit https://congress Vascular Summer School
Our mission	<p>We are a professional medical society dedicated to advancing research, education, and clinical excellence in vascular medicine. Our focus is on developing angiology, enhancing member expertise, and promoting scientific innovation.</p> <p>Our mission is to:</p> <ul style="list-style-type: none"> ▪ Advance angiology and professional knowledge. ▪ Provide educational programs and support scientific research. ▪ Promote interdisciplinary collaboration and public awareness. ▪ Participate in creating clinical guidelines and certifying vascular centers for quality care.
Education	Angiology is a specialty since 1992 with board certification exam.
Length of education	6 years: 3 years in internal medicine + 3 years in angiology Interventional angiology certification: 12 months.

[X ESVM Congress - Join us!](#)

[Bergamo, April 3-5 2025](#)



X
CONGRESS OF
EUROPEAN SOCIETY
OF VASCULAR MEDICINE

The title graphic consists of a light blue horizontal bar at the top containing a large blue 'X'. Below this is a dark blue horizontal bar containing the text 'CONGRESS OF' in white. Underneath that is another dark blue horizontal bar containing the text 'EUROPEAN SOCIETY OF VASCULAR MEDICINE' in white.

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